

## Allergènes pour la journée du vendredi 18 Septembre 2026

### SCOLAIRE

|                             | GLUTEN | CRUSTACES | SARACHIDES | OEUF | POISSON | LAIT | FRUITS A COQUE | MOLLUSQUES | SOJA | CELERI | MOUTARDE | SULFITE | GRAINE DE SESAME | LUPIN | AVOINE | ORGE |
|-----------------------------|--------|-----------|------------|------|---------|------|----------------|------------|------|--------|----------|---------|------------------|-------|--------|------|
| DEJEUNER                    |        |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |
| Tomate bio aux dés de feta* |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Poisson meunière cuit       | x      |           |            |      | x       | x    |                |            |      |        |          |         |                  |       |        |      |
| Epinard à la crème bio      | x      |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Laitages                    |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Pain 400 g                  | x      |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |

### RPA

|                             | GLUTEN | CRUSTACES | SARACHIDES | OEUF | POISSON | LAIT | FRUITS A COQUE | MOLLUSQUES | SOJA | CELERI | MOUTARDE | SULFITE | GRAINE DE SESAME | LUPIN | AVOINE | ORGE |
|-----------------------------|--------|-----------|------------|------|---------|------|----------------|------------|------|--------|----------|---------|------------------|-------|--------|------|
| DEJEUNER                    |        |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |
| Tomate bio aux dés de feta* |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Poisson meunière cuit       | x      |           |            |      | x       | x    |                |            |      |        |          |         |                  |       |        |      |
| Epinard à la crème bio      | x      |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Laitages                    |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Fromage 150                 |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Pain 400 g                  | x      |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |

### ADULTES

|                             | GLUTEN | CRUSTACES | SARACHIDES | OEUF | POISSON | LAIT | FRUITS A COQUE | MOLLUSQUES | SOJA | CELERI | MOUTARDE | SULFITE | GRAINE DE SESAME | LUPIN | AVOINE | ORGE |
|-----------------------------|--------|-----------|------------|------|---------|------|----------------|------------|------|--------|----------|---------|------------------|-------|--------|------|
| DEJEUNER                    |        |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |
| Tomate bio aux dés de feta* |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Poisson meunière cuit       | x      |           |            |      | x       | x    |                |            |      |        |          |         |                  |       |        |      |
| Epinard à la crème bio      | x      |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Laitages                    |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Pain 400 g                  | x      |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |

### PAD

|                             | GLUTEN | CRUSTACES | SARACHIDES | OEUF | POISSON | LAIT | FRUITS A COQUE | MOLLUSQUES | SOJA | CELERI | MOUTARDE | SULFITE | GRAINE DE SESAME | LUPIN | AVOINE | ORGE |
|-----------------------------|--------|-----------|------------|------|---------|------|----------------|------------|------|--------|----------|---------|------------------|-------|--------|------|
| DEJEUNER                    |        |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |
| Tomate bio aux dés de feta* |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Poisson meunière cuit       | x      |           |            |      | x       | x    |                |            |      |        |          |         |                  |       |        |      |
| Epinard à la crème bio      | x      |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Laitages                    |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Fromage 150                 |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Pain 400 g                  | x      |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |

### RM

|                             | GLUTEN | CRUSTACES | SARACHIDES | OEUF | POISSON | LAIT | FRUITS A COQUE | MOLLUSQUES | SOJA | CELERI | MOUTARDE | SULFITE | GRAINE DE SESAME | LUPIN | AVOINE | ORGE |
|-----------------------------|--------|-----------|------------|------|---------|------|----------------|------------|------|--------|----------|---------|------------------|-------|--------|------|
| DEJEUNER                    |        |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |
| Tomate bio aux dés de feta* |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Poisson meunière cuit       | x      |           |            |      | x       | x    |                |            |      |        |          |         |                  |       |        |      |
| Epinard à la crème bio      | x      |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Laitages                    |        |           |            |      |         | x    |                |            |      |        |          |         |                  |       |        |      |
| Pain 400 g                  | x      |           |            |      |         |      |                |            |      |        |          |         |                  |       |        |      |

**des viandes pour la journée du vendredi 18 Septemb**